

Year Group	Content	How it is taught	Member of staff responsible
EYFS	Making relationships Self confidence and self awareness Managing feelings and behaviours Health and self care People and communities	Continuous provision Whole class discussion Small group discussion Workshops Circle time Role play Videos Support of internet Stories Information books Pictures	Teaching staff
Year 1	Roles of different people Families Feeling cared for Privacy Staying safe Seeking permission How behaviour affects others Politeness and respect How rules and restrictions keep us safe online	Whole class discussion Small group discussion Workshops Circle time Role play Videos Support of internet Stories Information books Pictures	Teaching staff
Year 2	Making friends Feeling lonely Getting help Managing secrets Resisting pressure Recognising hurtful behaviour Growing older Naming body parts	Whole class discussion Small group discussion Workshops Circle time Role play Videos Support of internet Stories Information books Pictures	Teaching staff
Year 3	What makes a family Features of family life Personal boundaries Safety Responding to others Impact of hurtful behaviour Respectful behaviour	Whole class discussion Small group discussion Workshops Circle time Role play Videos Support of internet	Teaching staff

	Being polite Expressing feelings	Stories Information books Pictures	
Year 4	Positive friendships including online Responding to hurtful behaviour Managing confidentiality Risks online Similarities and differences Respect Physical and emotional changes in puberty External genitalia Personal hygiene routines support with puberty	Whole class discussion Small group discussion Workshops Circle time Role play Videos Support of internet Stories Information books Pictures	Teaching staff
Year 5	Managing friendships and peer influence Physical contact and feeling safe Responding respectfully to a wide range of people Recognising prejudice and Discrimination Time for Change Puberty workshop Explore what the term puberty means Understand everyone is unique and feels a sense of worth Understand that puberty involves changes that are physical, emotional and psychological Recognise the names of female and male reproductive organs, and begin to understand their function Identify ways girls & boys change during puberty including physical changes and possible emotional changes Understand that emotions are affected by hormonal changes and these can be confusing at first Understand the term menstruation and know that this starts during puberty for girls but that different girls start at different ages Develop resilience to deal with situations they may face as they reach puberty	Whole class discussion Small group discussion Workshops Circle time Role play Videos Support of internet Stories Information books Pictures Workshop provided by Coram Life education	Teaching staff
Year 6	Attraction to others	Whole class discussion	Teaching staff

	romantic relationships civil partnership and marriage Managing pressure Consent in different situations Opinions Respect Topical issues Human reproduction and birth RSE workshop – Year 6 Introducing the theme of human reproduction Know correct terminology for reproductive organs How sexual reproduction occurs between humans Know when to share information and when to keep it private Reflect on and reinforce key learning around privacy (in relation to their body)	Small group discussion Workshops Circle time Role play Videos Support of internet Stories Information books Pictures Workshop provided by Coram Life education	
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